

Home User Guide

MIDLAND ROAD, STONEHOUSE, GLOUCESTERSHIRE, GL10 2DH

July 2010
Version 2.1 Flats

A guide to enable occupants to understand and operate their home efficiently and how to make the best use of local amenities

Prepared by Markey Construction working in Partnership with West Mercia Housing Association.

Contents Page

		Page
	Introduction.....	4
1.	Environmental Strategy/Design & Features.....	5
1.0	SuDs.....	5
1.1	Rainwater Harvesting.....	5
1.2	Mechanical Ventilation system	6
1.3	Solar Hot Water	7
1.4	Air Source Heating.....	8
1.5	Certified Timber.....	9
2.	Energy.....	10
2.0	Low energy light fittings.....	10
2.1	Details of EU labelling scheme for white goods.....	11
2.2	General information on energy efficiency.....	12
3.	Water Use.....	13
3.0	Water saving measures and tips.....	13
3.1	External water use and efficiency.....	13
4.	Recycling and Waste Collection.....	15
4.0	Your household refuse and recycling service.....	15
4.1	Information on recycling bins and there location.....	16
4.2	Information on compost bins and there location.....	16
4.3	What is WRAP?.....	16
5.	Sustainable DIY.....	17
6.	Alarm Information.....	18
7.	Home Information Guide Alternative Formats.....	19
8.	Recycling and Waste.....	19
8.0	What to do with waste that is not covered by the standard weekly collection	19
8.1	Local recycling facilities and tips.....	21
9.	Public Transport.....	22
9.0	Details of public transport.....	24
9.1	Details of cycle storage and cycle paths.....	27
9.2	Car parking, park & ride schemes and car hire.....	28
9.3	How to get to local amenities in the area by public transport or cycling	30

10.	Local Amenities	30
11.	Things To Do	33
12.	Responsible Purchasing	35
13.	Emergency Information	35
13.0	Location of A&E and local minor injuries clinics.....	35
13.1	Location of police / fire station	36
14.	Links References & Further Information	37
15.	Appendices	38

Introduction

The aim of this home user guide is to help you understand and operate your home efficiently and to make the best use of local facilities.

Your home has been built to achieve code 4 under the Department for Communities and Local Government Code for Sustainable homes (CSH). The building itself has been constructed using a modular construction method this type of construction is a relatively a modern approach to general house building. This method was preferred as the building can be constructed in shorter building time than traditional building; resulting in minimal disturbance to you and your neighbours. All of the materials in your home are environmentally friendly and are from sustainable sources.

When your house was constructed a Police Architectural Liaison Officer (ALO) carried out an inspection to ensure that it was safe and secure resulting in a secure by design certificate being awarded. During construction it also achieves a certificate of compliance rating. Both of these certificates can be found in the appendices at the back of the guide.

The guide itself has maintenance instructions on how you can continue to maintain your home to ensure it functions as efficiently as possible. It also gives tips on how you can live a more sustainable life resulting in savings on energy, water and your household bills.

It also gives details of your local waste collection services such as; days of collection and what to do with bulky waste items. If you are planning to carry out any DIY it makes suggestions on products that would be most suited to your property. It gives addresses and contact numbers for your local GP, Post Office and Supermarket. If you are planning a day out, look no further as the guide also suggests areas of interest such as historic buildings, parks and a nature reserve.

1. Environmental strategy/design and features

1.0 SuDs

Sustainable (Urban) Drainage Systems are designed to reduce the potential impact of new and existing developments with respect to surface water drainage discharges.

They are designed to replicate natural systems that use cost effective solutions with low environmental impact to drain away dirty and surface water run-off through collection, storage, and cleaning before allowing it to be released slowly back into the environment, such as into water courses. Conventional drainage systems are renowned for flooding and polluting of the environment and as a result can cause harm to wildlife & habitats and can contaminate groundwater sources which are used for drinking water. The system at Queens Meadow has been designed by a hydrologist to be easily managed and will require no maintenance.

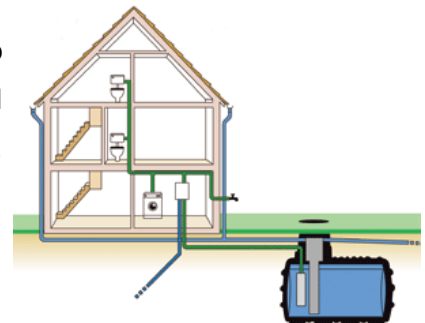
SuDS use the following techniques:

- source control
- permeable paving such as pervious concrete
- storm water detention
- storm water infiltration
- evapo-transpiration (e.g. from a Green roof)

1.1 Rainwater harvesting

Freerain rainwater harvesting system gives the ability to collect rainwater from roofs which can then be stored and used as a source of free water.

The advantages of rainwater harvesting are that it,



- Saves money by reducing your water usage
- Can be used for flushing toilets, washing machines, dishwashers, watering your

garden or baths and showers

- A volume of water is kept out of the storm-water management system, thereby helping to reduce flooding risks
- And rainwater is better for your garden as it has a balanced ph and is free of chemicals such as chlorine.

Rainwater Harvesting Systems can simply be a water butt located under a down pipe from your guttering that you use to fill a watering with or it can be more sophisticated systems with a tank installed in a roof space with filters and pumps. Your dwelling has been fitted with a Freerain Rainwater Harvesting System which typically supplies 50% of your water requirements.

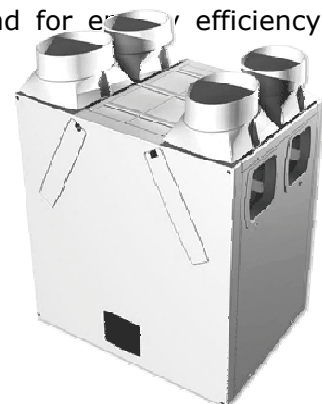
Maintenance requirements

When the system is on overflow mode, the filter is automatically cleaned. The filter which can be located in the manhole needs to be inspected and cleaning. This is a simple procedure that should be done one a month for the first 3 months and then once every quarter, to maintain the efficiency of the system. If freezing is expected and the pump is not submersed at a safe depth remove the pump from the water and store in dry conditions.

1.2

Mechanical Ventilation MVHR

Your home has been designed to be air-tight this means that there very little natural ventilation in your home. While opening a window does provide ventilation, the building's heat and humidity will then be lost in the winter and gained in the summer, both of which are undesirable for the indoor climate and for energy efficiency. Your [Vent-Axia Sentinel Kinetic MVHR system](#) gives you much more in control of the climatic conditions in your home. It works by bring in fresh air from the outside and recycles the otherwise wasted heat from your bathroom and kitchen.



Benefits of MVHR

- Up to 92% heat recovery whilst controlling condensation
- Plug and play controls; Humidistat, Vent-Wise, Wireless remote
- Self diagnosis for simplified fault finding
- Adjustable delay on/delay off timer

Maintenance requirements

DO NOT....

- Switch off the unit; it is set to run 24 hours a day 7 days a week.
- Adjust the ceiling grilles; they are set to allow a certain amount of air through and should not be adjusted

The system is continuously on a normal setting please ensure that you adjust to suit conditions. The manual boost provides a higher level of ventilation (hot days or to remove odours).

1.3 **Solar**

Your home has been fitted with [Worcester FKC series flat panel solar collectors](#). This solar water heating system absorbs solar energy and converts it to heat that is pumped directly to your hot water cylinder – providing hot water from a clean, renewable source of energy. Solar water heating panels do not rely on high temperatures or direct sunlight to work. Even on cloudy days, they can deliver significant energy savings. That's because they work on the principle of light absorption, rather than needing heat or direct sunlight.

features and benefits:

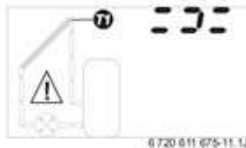
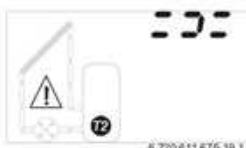
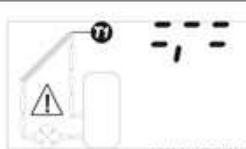


- **Sustainable energy.** As solar energy harnesses the energy from the sun, it produces none of the CO2 emissions of using fossil fuels
- **Environmentally-friendly.** solar panels can be fully recycled
- **You're in control.** The Greenskies system includes a control, which enables you to set the hot water temperature you require with ease
- **Easy to look after.** Greenskies requires minimal maintenance and is extremely robust

Maintenance

When carrying out maintenance work on the system set the mode selector switch **S** to solar heating pump **OFF**.

- The solar heating pump will stop.
- The display backlighting is red,

OFF flashes and the symbol stops moving, you can then switch off the power supply.

Display shows (flashing red/yellow)	Cause	Remedy
	Short circuit on sensor lead to solar panel temperature sensor T1	Check sensor lead T1 .
	Short circuit on sensor lead to solar panel temperature sensor T2	Check sensor lead T2 .
	Break in sensor lead to solar panel temperature sensor T1	Check sensor lead T1 .
	Break in sensor lead to solar panel temperature sensor T2	Check sensor lead T2 .
	Indication of a fault in the system, e.g. shut-off valves closed, air in the system or defective solar heating system pump.	Check that the shut-off valves are open. Check the system. If necessary have the system bled. Check whether the solar heating system pump is working (see Section 5.3.2).

1.4 Air Source Heat Pump

Your home has been fitted with **Daikin Altherma Air Source Heat pump**. These heat pumps are highly flexible, energy efficient home heating system that extracts the heat

from the outside air, raises this heat to a higher temperature and then distributes warmth around the home.



At the heart of the system lies an air to water heat pump. Because of this advanced technology, three quarters of the heat generated by the Daikin Altherma system is from a renewable energy source, the air around us, and therefore absolutely free of charge! It offers triple the efficiency of the most efficient boilers and produces 2/3^{rds} of all heating and hot water

required for your home. This can save you on average £270 on yearly fuel costs compared with running an energy efficient A-rated boiler.

Operating instructions

To adjust the temperature in your home to a comfortable level and to save energy when you are away you will need to adjust the thermostat which is located in your there are three setting which you can use;

Auto (automatic) will set your heating to a present temperature program which can be personalised.

Man (manual) this mode acts as a simple thermostat which has fixed set points throughout the day. The set point can easily be adjusted from 5°C – 35°C using the up and down keys.

Off mode sets the thermostat to the minimum of 5°C that acts as a frost prevention measure

1.5 **Certified Timber**

All the timber used in your home is Certified Timber which has been sourced from responsibly managed forests. This ensures that your home has not caused unnecessary damage to the environment when sourcing construction materials for your home.



2. Energy

2.0 Low energy light fittings

Depending on how long your lights are in use every day, just one energy saving light bulb could save you on average around £2.50 a year. And the light bulb will last around 10 times longer than a standard bulb and could save you around £40 before it needs replacing.

Fitting all your light with energy saving bulbs and you could save around £37 a year and £590 over the lifetime of all of the bulbs.

These savings take into account the higher cost of energy saving light bulbs. With prices starting from £1 - £2, you'll usually recoup the extra outlay within a year.

Energy saving light bulbs use between a fifth and a quarter of the electricity of ordinary bulbs to generate the same amount of light. So where you'd normally use a 60W bulb, you'll only need a 11-14 Watt bulb.

Standard bulbs	Energy saving equivalent
25W	5-7W
40W	8-9W
60W	11-14W
100W	20-23W

2.1 Details of EU labelling scheme for white goods

The EU Energy Labelling scheme is a compulsory requirement for all white goods and home appliances sold within the EU. It allows consumers to clearly see the efficiency and energy consumption of a product.

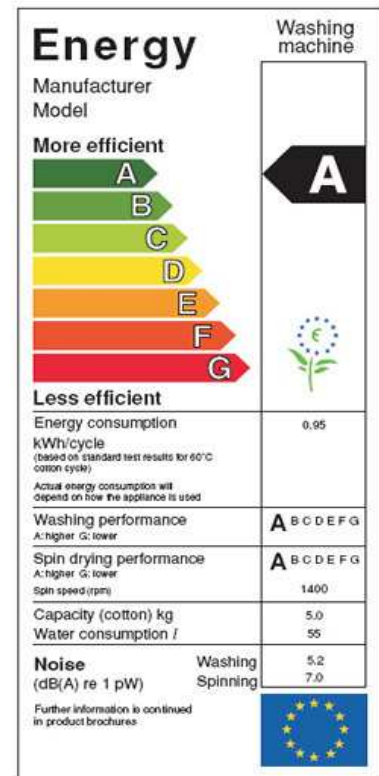
The system used by the EU Energy Label runs from A to G and primarily shows energy efficiency. Other details shown by the scheme including various performance related ratings (also scaled A to G).

Since its introduction in 1995, the EU Energy Label has become a widely recognised and respected guide for manufacturers and consumers alike.

The scheme covers; [Dishwashers](#), [Washing Machines](#), [Freezers](#), [Fridge Freezers](#) and [Refrigerators](#).

All of which require a D rating or above.

For more detailed information on the EU labelling scheme please refer to the guide in the appendix at the back of the HUG



2.2 General information on energy efficiency

One of the key considerations when your house was being designed was the needed to be energy efficient so your home was built using the latest construction methods and environmentally friendly products. There are simple steps that you can take that will also improve your home's energy efficiency. With help from the Energy Saving Trust here are some simple steps that you can take;



Turn your thermostat down. Reducing your room temperature by 1°C could your heating bills by up to 10 percent and typically saves around £55 per y If you have a programmer, set your heating and hot water to come on when required rather than all the time.



Is your water too hot? Your cylinder thermostat should be set at 60°C/140°



Close your curtains at dusk to stop heat escaping through the windows check for draughts around windows and doors.



Always turn off the lights when you leave a room.



Don't leave appliances on standby and remember not to leave laptops mobile phones on charge unnecessarily.



Only boil as much water as you need (but remember to cover the elemen you're using an electric kettle).



If possible, fill up the washing machine, tumble dryer or dishwasher: one load uses less energy than two half loads.



A dripping hot water tap wastes energy and in one week wastes enough water to fill half a bath, so fix leaking taps and make sure they're fully tui off.

For further information please visit; www.energysavingtrust.org.uk

3. Water Use

3.0 Water saving measures and tips

Considerations have been made to limit the amount of water used in your dwelling these include; All wash hand basin taps have flow regulators which limits the flow to 3 litres per minute. The toilets have a 4/2.6 litre dual flush which gives the option to save water. The bath has an overflow of 140 litres which is 40 litres less than a conventional bath and your electric shower has a flow rate of below 6 litres per minute.

There are also simple steps that you can take to reduce your water consumption which will help to save you money and water usage.

- Take a shower rather than a bath
- Don't run the tap whilst cleaning your teeth
- Only boil as much water as you need when making drinks
- Don't leave taps dripping - repair any worn washers
- Only wash full loads in washing machines and/or dishwashers
- Water remaining after boiling eggs can be cooled and used to water plants as this is high in nutrients as is the dirty water taken from a fish tank
- If you drink tap water and normally run the tap for a while to ensure the water is cold, collect this initial supply either in your kettle or to water plants etc. alternatively, instead of waiting for it to run cold keep a jug of water in the fridge.
- Wash vegetables in a bowl rather than under a running tap.

3.1 External water use and efficiency

There are also saving that can be made for external water use. Your dwelling has a water butt provide that gives you a supply of up to 220 litres of rainwater which can be used for general gardening purposes or even washing your car.

Tips for outdoor water use

- When gardening try to use a watering can, a drip irrigation system or a hosepipe with a trigger and better still connect it to your water butt. This allows for sensible water wise gardening, whilst still conserving supplies.
- Pressure washers use a lot of water. Use them sparingly and think about what you are doing. If must use one to wash your patio furniture or bike, why not do it on the lawn so the water gets recycled.
- Lots of people use bathwater on their garden. Remember this is dirty water. Use it immediately and never store it. Do not use it on fruit or vegetables or near children.
- Use a trigger nozzle on your hosepipe to halve the water used and direct the water flow to the roots of your plants. Alternatively by using a watering can you can significantly reduce the amount of water wasted.
- Your roof collects about tens of thousands of rainwater each year. This could fill your water butts hundreds of times with free water.
- Use a bucket and sponge to wash your car. Just 30 minutes with a hosepipe will waste hundreds of litres. And, using a bucket will give your car a much more precise wash. If you must use a hosepipe, attach a trigger nozzle.
- Use mulch and bark in your garden to reduce evaporation by up to 75%
- Think about mixing some drought resistant bedding and perennial plants to your garden to add diversity.

4. Recycling and waste collections

4.0 Stroud District Council provides an easy and convenient way to dispose of your household refuse and recycling.

The benefits of the services;

- General waste is collected every Wednesday
- recycling boxes and garden waste are emptied on alternative Wednesdays.
- recyclable items are collected together in one mixed container
- the recycling materials that are collected include; [tin cans](#), [aluminium cans](#), [mixed glass](#), [plastic bottles & containers](#), [cartons](#), [paper](#) and [cardboard](#)

How the service works;

- Weekly collection of household refuse using black sacks
- Your bins will need to be outside at 06.00 on the day of collection
- Collections from the boundary of your property nearest the public highway

if your collection is missed;

If your refuse/recycling was out by 06.00am on the day of collection and in the correct place but has been missed then please contact the public space service on; 01453 754424 or email public.space@stroud.gov.uk to report it.

4.1 Information on recycling bins and there location

In your kitchen cupboard you will find two 20 litre recycling bins one of which has a divider that creates two 10 litre bins (and one 20 litre) this is to assist you in segregating your waste and is in additional to your standard waste bin.

4.2 Information on compost bins and there location

Your home has been provided with a compost bin which is located in your back garden and is accessible via the footpath. It can be used for disposing of garden waste and house hold organic waste such as; [tea bags](#), [uncooked vegetables](#), [fruit](#) and [egg boxes](#). Please keep out; [meat](#), [nappies](#), [dairy products](#) and [animal foul](#).

For further information please visit; www.recyclenow.com

4.3 What is **WRAP**?

WRAP is a non-profit organisation that is supported by government funding. Its main aim that is achieved through working with partners is to prevent waste, promote recycling and develop markets for valuable products. WRAP works with the public providing information and tools that support recycling and reduces food waste.

This helps bring measurable gains to the economy and long term benefits to the environment.

If you would like guidance on recycling and sustainable waste disposal please visit their website for further information; www.wrap.org.uk

5. Sustainable DIY

If you are planning to carry out DIY it is important to choose the most suitable materials for the job. Here are some tips to ensure that you chose products that are sustainable and are not hazardous to your health

Timber – the timber you choose can have an impact on the environment. Materials that are less environmentally damaging don't necessarily cost more, often perform well, and many are widely available. For example:

- using reclaimed wood saves energy and resources

When buying timber it is important to know where it has come from buying timber that is FSC (Forestry Stewardship Council) certified or has a CoC (Chain of Custody) will ensure that it has come from a sustainable resource.

Paints & Finishes - When choosing a paint or finish try to find the one with the lowest environmental impact possible for the job:

- if you have the choice, choose a product without a hazard warning on the label (a black symbol on an orange or yellow square, with a description of the hazard)
- 'natural' or 'all natural' paints, milk paints and white washes can contain less harmful substances than ordinary paint
- calculate how much paint you need and try not to buy too much - a lot of paint that people buy is never used
- look for the European Ecolabel for indoor paints



Volatile organic compounds (VOCs)

Most paints contain VOCs, which can be harmful to humans, wildlife, plants and even building materials. New legal limits have been introduced for VOC content in paints and varnishes used around the home. VOC content must now be displayed on all such products:

- choosing the appropriate product with the lowest VOC content you can will help reduce harmful effects

Think twice about projects that consume energy

Some DIY projects will increase your energy usage significantly, increasing fuel bills and your contribution to climate change. If possible:

- try to avoid putting heating in your conservatory, as few conservatories are well insulated and much of the heat is likely to be lost
- think about using solar power for water features and lighting in your garden

Manufacturing tools uses energy and resources, but many are hardly used. The average drill is used for less than 15 minutes in its entire lifetime, so consider borrowing or hiring instead of buying.

6. Alarm information

Your home has been fitted with a smoke alarm in the hall of your property and a heat alarm has been fitted in the kitchen. These run off mains power, to ensure that the alarm is working correctly a green light should be on showing that it is charged. To check that the horn is working correctly press the test button for 10 seconds to ensure the horn sounds loudly. After doing so watch the test button for one minute to ensure that the red light flashes at least once. The unit must not bleep as this indicates the cells are low.

Please note; if the mains power has been off for more than 72 hours the unit will bleep every 40 seconds until it is reconnected to the mains supply.

7. HUG (Home User Guide) alternative formats

If you require a copy of this guide in an alternative format please contact Markey Construction

Markey Construction

Unit Q1
Quadrant Distribution Centre
Quadrant Way
Hardwicke
Gloucester
GL2 2RN

01452 886 155

info@**markeyconstruction**.co.uk

Electronic versions can be found at the following address

www.**markeyconstruction**.co.uk

8. Recycling and waste

8.0 what to do with waste that is not covered by the standard weekly collection

If you have waste that is not covered by your weekly collections that can not be reused, here are some suggestions to how it can be disposed of;

Bulky waste

Stroud District Council operates a free service for the removal of bulky household waste items such as furniture. Though this service is free they will not collect DIY fixtures and fittings or building waste.

Free standing bulky domestic items or appliances which exceed 25 kilograms in weight or which do not fit or cannot be fitted into a domestic bin fall under this collection service. Please note, only items which can be lifted by a maximum of 2 people will be collected.

To arrange a collection either ring 01453 754424 or visit www.stroud.gov.uk and search bulky items.

When you request a collection we will need to know what items you would like collected, as the crews will leave any items not on the list, and the location where they can be found on the property. As mentioned above, items relating to household fixtures and fittings or DIY / building waste will not be collected through the free bulky waste service. However, they can be removed for a charge. However only one item can be collected at a time and a charge of £21.50 will apply. To arrange please contact 01453 754424.

If you have items that you no longer require there may be of use to someone else. This could be an old sofa or wheelbarrow. Please visit the following website before disposing of your waste.

www.ilovefreecycle.org

www.freecycle.org

The cost for this service is £15.00 for up to three items, additional items are charged at £5.00 per item. Any resident who wishes to take advantage of this service can easily do so by:

1. You can call Hereford County Council on 01432 260051, who will take an immediate payment by credit or debit card and give you your collection day straight away.
2. Visit one of the Council Offices where you can pay by any method.
3. Complete the request form available herefordshire.gov.uk housing website by clicking on the document in the box to the right and return it to the address shown on the form, together with the required payment.

Please note that items to be taken must be identified upon placing the booking or amended not later than 24 hours before collection is due to take place. Any item not

listed will not be collected.

Will be collected	Will not be collected
Armchair Bed base & headboard (1 item) Bicycle Bedside table Cabinet (free standing) Carpet Chairs (2 x dining, kitchen or patio) Chest of drawers Children's swing or climbing frame Cooker - Gas/Electric (disconnected from mains) Cupboard (free standing) Dishwasher Dressing Table & chair DVD/Video player Freezer Fridge Lawnmower (no sit on mowers) Ottoman Box Mattress Microwave PC hard drive PC monitor Sofa Stereo & 2 speakers Sun lounger (used in the garden) Table Tumble dryer Television Underlay Washing Machine Wardrobe (free standing)	Asbestos Bathroom Suites Clinical waste Doors Domestic Refuse (black bag waste) Fencing Fluorescent lighting tubes Grass or garden cuttings Hazardous waste Kitchen units or worktops Liquids Paint Rubble Sheds Shower trays or shower screens Sinks Soil/stones Windows

8.1

Local recycling facilities and tips

If you have waste that is not covered by your local collection scheme you can dispose of it at the district's Household Recycling Centre (HRC). The nearest one is located at Pyke Quarry, Nr Horsley, Gloucestershire. The site is operated by Gloucestershire County Council and is for domestic waste only. The facility is open all year round except Christmas Day (25th December) and New Years Day (1st January).

Opening times are from 9.00am until 6.15pm.

For more information please call 01242 680 010



Batteries

Household batteries are accepted by all Household Recycling Centres. Some retailers also provide in store recycling facilities for batteries in order to fulfill their obligations under the recent EU battery directive. Battery recycling points are available at Tesco and Coop stores in the Forest of Dean.

Computers & IT Equipment

Engelhards, Cinderford: There is a unit cost for a computer monitor of £7, but all other equipment is recycled free of charge. There is a collection charge of £10 per trip or equipment can be dropped for free at their depot. Call 01594 827744 for further information.

IT Schools for Africa, Cheltenham: Companies, organisations and groups can donate old working PCs and laptops, monitors and printers. Bulk donations will be collected free of charge but individual items can be taken and dropped off for free. For more information call 01242 228800

Electrical and Electronic Equipment

Electrical and electronic items cover a wide variety of items including: audio visual equipment, lighting, household appliances, IT and telecoms equipment, tools and even toys. Most electrical and electronic equipment will contain hazardous substances such as mercury, lead or cadmium so it is essential that these items are disposed of responsibly.



Following the introduction of the Waste Electrical and Electronic Equipment (WEEE) Directive, retailers now have a responsibility to ensure their customers can return their WEEE free of charge and many now offer in-store take back schemes. Alternatively, electrical and electronic equipment can be taken to the local Household Recycling Centre.

Paint



The County Council provides chemical banks at all the Household Recycling Centres in which tins of paint can be deposited. If the paint is water based i.e. emulsion, and has dried up completely then it can be placed in with the non-recyclables at any of the Household Recycling Centres (HRCs).

For large quantities of usable paint try contacting the Gloucestershire Resource Centre 01452 504442.

9. Public transport

9.0 Details of public transport

Your nearest train station is Stonehouse and is located on the map below. For further enquires and train times please contact the following;

Station info

Stonehouse Railway Station
Burdett Road
Stonehouse
Gloucestershire
GL10 2JW

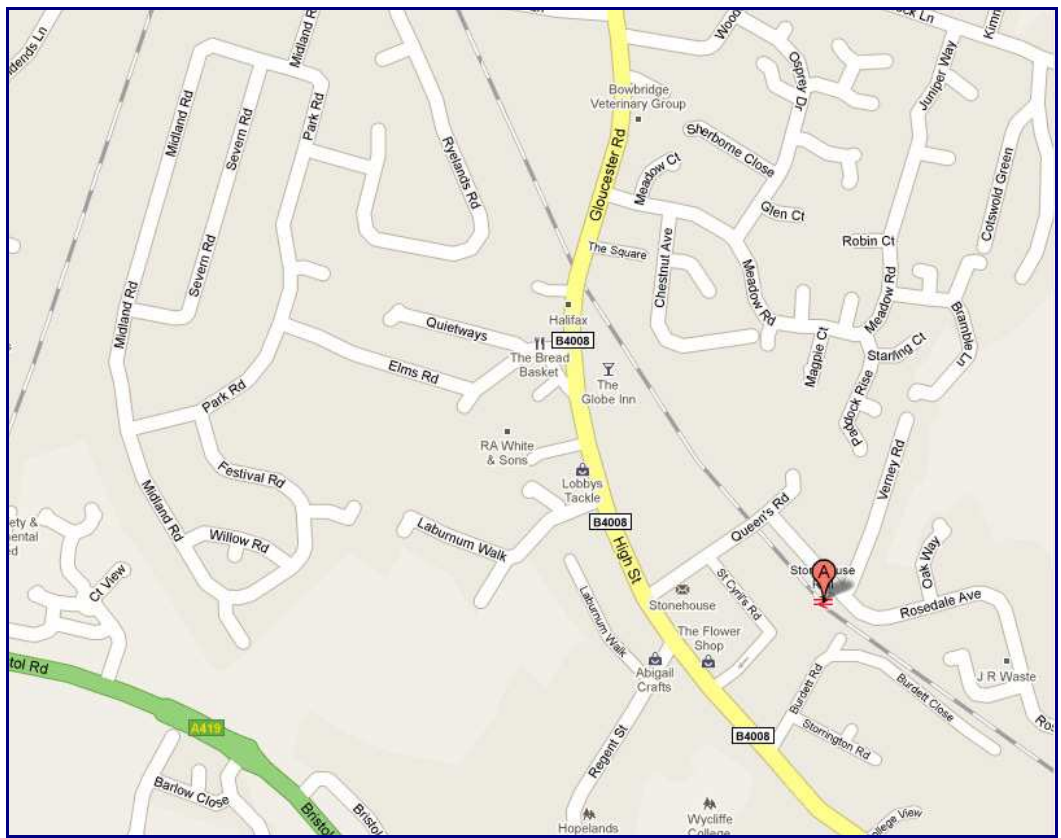
firstgreatwestern.co.uk

Buying tickets

nationalrail.co.uk

thetrainline.com

virgintrains.co.uk



Location of Stonehouse Railway Station

Bus Route

There are bus stops both sides of Midland Road, just in from Oldends Lane. The stops are served by Stagecoach service 20, Stroud - Stonehouse - Dursley. Timetables can be viewed at www.stagecoachbus.com/west. To find this information yourself you can visit www.traveline.org.uk then click on the area required and then text services and enter the post code.

Stroud • Stonehouse • Dursley • Uley

20

MONDAYS TO FRIDAYS except Public Holidays										
Stroud Merrywalks	0630	0635	0710	0730	0755		0815	0835	0855	0915 0930
Ebley Bridge Road	0636	0641	0716	0736	0801		0821	0841	0901	0921 0936
Stonehouse High St Globe	0642	0647	0722	0742	0807	0812	0827	0847	0907	0927 0942
Stonehouse Meadow Road	0644	▼	0724	0744	c	0814	▼	0849	0909	0929 ▼
Stonehouse Maidenhill Sch	0646	▼	0726	0746		0816	▼	0851	0911	0931 ▼
Stonehouse Park Road		0649					0829			0944
Oldends Lane		0653					0833			0948
Eastington Cross		0657					0838			0953
Cambridge Stores		0702					0843			0958
Lower Cam High Street		0707					0849			1004
Dursley Bus Station		▼					▼			1010
Dursley Castle Street		0713					0855			
Uley Church Hall		0720					0902			
<div> <div>then at these minutes past each hour</div> <div> <div>45 00 15 30</div> <div>51 06 21 36</div> <div>57 12 27 42</div> <div>59 14 29 ▼</div> <div>01 16 31 ▼</div> </div> <div>until</div> <div>1430 1436 1442 ▼ 1444 1448 1453 1458 1504 1510</div> </div>										

MONDAYS TO FRIDAYS except Public Holidays cont'd										
Stroud Merrywalks	1445	1510	1525*	1545	1600	1615	1630	1655	1720	1745 1810 1915
Ebley Bridge Road	1451	1516	1536	1551	1606	1621	1636	1701	1726	1751 1816 1921
Stonehouse High St Globe	1457	1522	1542	1557	1612	1627	1642	1707	1732	1757 1822 1927
Stonehouse Meadow Road	1459	1524	▼	1559	1614	1629	1644	1709	▼	1759 1824 1929
Stonehouse Maidenhill Sch	1501	1526	▼	1601	1616	1631	1646	1711	▼	1801 1826 1931
Stonehouse Park Road			1544				1650		1734	1830
Oldends Lane			1548				1654		1738	1834
Eastington Cross			1553				1659		1742	1839
Cambridge Stores			1558				1704		1748	1844
Lower Cam High Street			1604				1710		1754	1850
Dursley Bus Station			▼				1716		▼	1856
Dursley Castle Street			1610						1800	
Uley Church Hall			1617						1807	

SATURDAYS										
Stroud Merrywalks	0710	0720	0750	0820						1720 1740 1810 1915
Ebley Bridge Road	0716	0726	0756	0826						1726 1746 1816 1921
Stonehouse High St Globe	0722	0732	0802	0832						1732 1752 1822 1927
Stonehouse Meadow Road	0724	▼	0804	▼					▼	1754 1824 1929
Stonehouse Maidenhill Sch	0726	▼	0806	▼					▼	1756 1826 1931
Stonehouse Park Road		0734		0834					34	1734 1830
Oldends Lane		0738		0838					38	1738 1834
Eastington Cross		0743		0843					43	1743 1839
Cambridge Stores		0748		0848					48	1748 1844
Lower Cam High Street		0754		0854					54	1754 1850
Dursley Bus Station		0800		0900					00	1800 1856
<div> <div>then at these minutes past each hour</div> <div> <div>40 00 20</div> <div>46 06 26</div> <div>52 12 32</div> <div>54 14 ▼</div> <div>56 16 ▼</div> </div> <div>until</div> <div>1720 1740 1810 1915 1726 1746 1816 1921 1732 1752 1822 1927 1754 1824 1929 1756 1826 1931</div> </div>										

* Departs at 1530 in School holidays.

c Connection to Meadow Road and Maidenhill School dep 0812: through fares available.

MONDAYS TO FRIDAYS <small>except Public Holidays</small>													
Uley Church Hall				0723						0910			
Dursley Castle Street				0730						0917			
Dursley Bus Station	0633			0733						0920		20	1420
Lower Cam High Street	0639			0740						0927		27	1427
Cambridge Stores	0645			0747						0933		33	1433
Eastington Cross	0650			0755						0938		38	1438
Oldends Lane	0656			0802						0944		44	1444
Stonehouse Park Road	0700			0806						0948		48	1448
Stonehouse Meadow Road	0644	0704	0724	0744	▼	0814	0849	0909	0929	▼	59	14	29
Stonehouse Maidenhill Sch	0646	0706	0726	0746	▼	0816	0851	0911	0931	▼	01	16	31
Stonehouse High St Globe	0650	0710	0730	0750	0810	0820	0855	0915	0935	0950	05	20	35
Ebley Chapel Lane	0656	0716	0736	0756	0816	0826	0901	0921	0941	0956	11	26	41
Stroud Merrywalks	0705	0725	0745	0810	0830	0840	0915	0930	0950	1005	20	35	50

MONDAYS TO FRIDAYS <small>except Public Holidays</small> cont'd													
Uley Church Hall				1620						1810			
Dursley Castle Street				1627						1817			
Dursley Bus Station	1520			1630						1820			
Lower Cam High Street	1527			1637						1825			
Cambridge Stores	1533			1643						1831			
Eastington Cross	1538			1648						1836			
Oldends Lane	1544			1654						1841			
Stonehouse Park Road	1548			1658						1845			
Stonehouse Meadow Road	1554	1614	1629	▼	1709	▼	1759	1849	1929				
Stonehouse Maidenhill Sch	1556	1616	1631	▼	1711	▼	1801	1851	1931				
Stonehouse High St Globe	1600	1620	1635	1700	1715	1750	1805	1855	1935				
Ebley Chapel Lane	1606		1641	1706	1721	1756	1811	1901	1941				
Stroud Merrywalks	1615		1650	1715	1730	1805	1820	1910	1950				

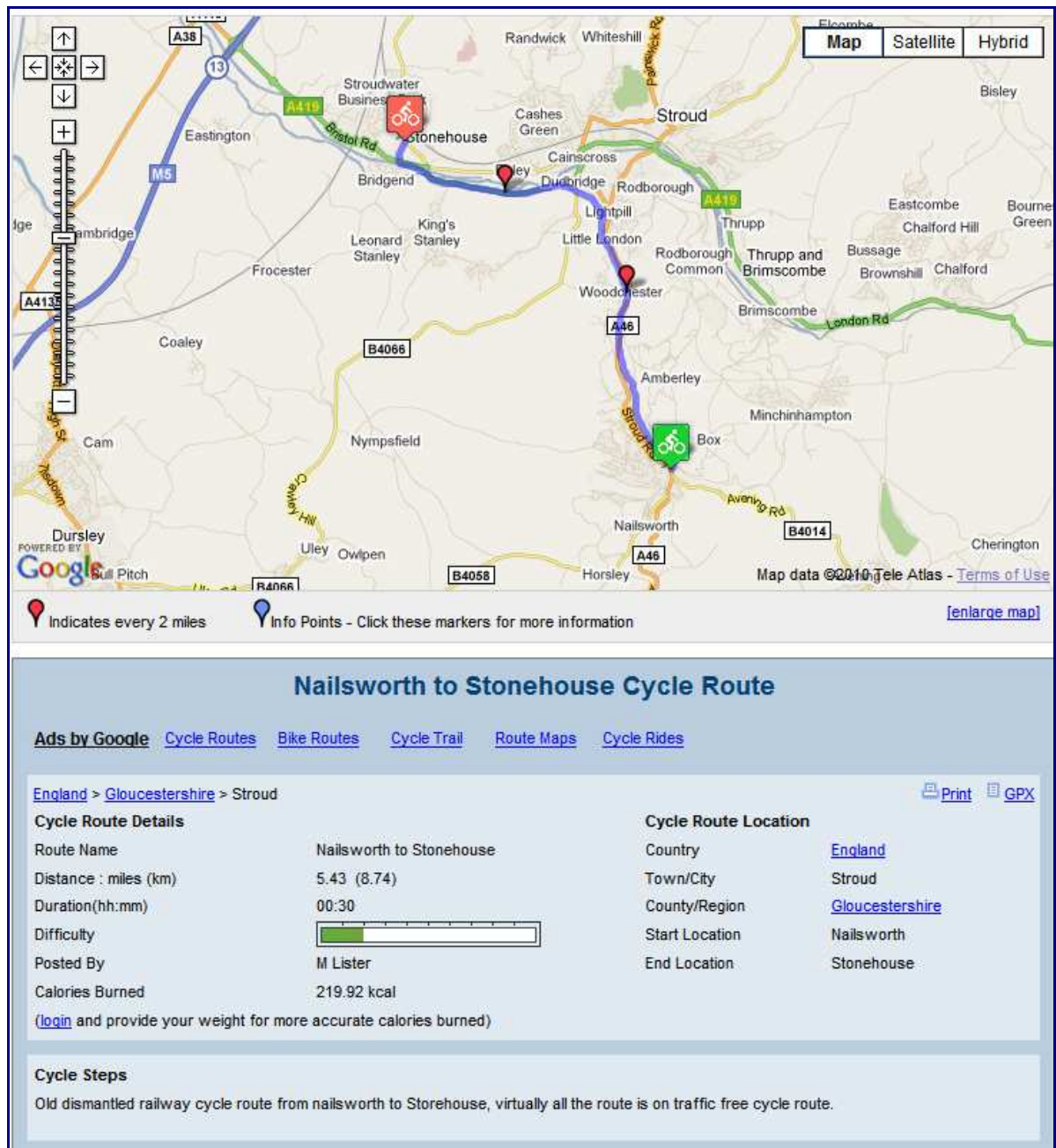
SATURDAYS													
Dursley Bus Station				0810						1710		1820	
Lower Cam High Street				0817						1717		1825	
Cambridge Stores				0823						1723		1831	
Eastington Cross				0828						1728		1836	
Oldends Lane				0834						1734		1841	
Stonehouse Park Road				0838						1738		1845	
Stonehouse Meadow Road	0724	0804	▼	0854		14	▼	54		1714	▼	1754	1849
Stonehouse Maidenhill Sch	0726	0806	▼	0856		16	▼	56		1716	▼	1756	1854
Stonehouse High St Globe	0730	0810	0840	0900		20	40	00		1720	1740	1800	1855
Ebley Chapel Lane	0736	0816	0846	0906		26	46	06		1726	1746	1806	1901
Stroud Merrywalks	0745	0825	0855	0915		35	55	15		1735	1755	1815	1910

For more bus service information please call; 01452 425543

Or alternatively email; timetables@gloucestershire.gov.uk

9.1 Details of cycle storage and cycle paths

To the rear of the property you have a communal secure cycle storage area. It has steel fixing set in concrete to manufacturer's instructions, which allows both the wheel and frame to be locked securely.



This route has been taken from the 6 mile pedestrian/cycle trail from Stonehouse to Nailsworth in the Stroud valleys along the disused track of a Midland Railway branch

line. Level gradients and safe cycling with access points along the route. For more information and to obtain a leaflet from Stroud tourist Information Centre please contact;

Stroud Tourist Information Centre

Subscription Rooms
George Street
Stroud
Gloucestershire
GL5 1AE

Tel: 01453 760960

Or visit one of the following websites;

Cycle Routes	Cycle Clubs
grcc.org.uk	stonehousewheelers.org.uk
Sustrains.org.uk	ctcwest.org.uk/stroud (Stroud Valleys Cycling Club CTC)

9.2 car parking, park & ride schemes and car hire

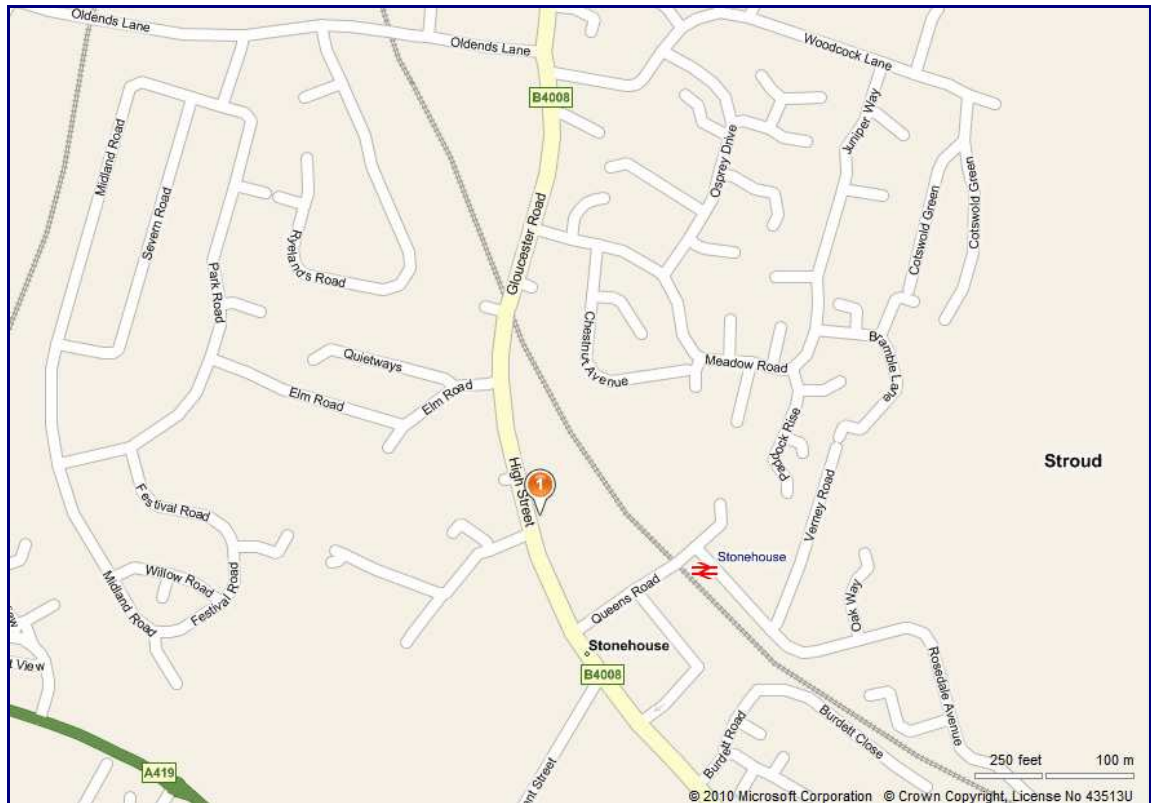
Due to the location of your home there are no park & ride facilities in close. If travelling further afield to Gloucester you will find one at the following;

507 Service

Waterwells,
Quedgeley
GL2 2AN

Parking Fee - £1.50 all day

Bus Fare - £1.20 Rtn
(children under 14 travel free when accompanied by an adult)



The closest public car park is shown on the map above; it is situated on High Street, Stonehouse, GL10 2NG.

Car Hire

Practical Car & Van rental

14 Ebley Road,
Stonehouse
GL10 2LH

01453 822130

practical.co.uk

Midlands Vehicle Rental

Unit 13
Cheltenham Road
Salmon Springs
Trading Estate,
Stroud,
GL6 6NU


01453 755333

9.3 How to get to local amenities in the area by public transport or cycling

Your home is situated approximately 1 km from the town centre where you can find most of the local amenities that you would require. The map in section 9.2 gives the location of the closest car park to the town centre but due to its short distance it would be advisable to cycle or walk if possible.

10. Local Amenities

The following provides you with the locations of various amenities within the local area;

Schools	Leonard Stanley C Of E Primary School Mankley Road, Leonard Stanley, Stonehouse GL10 3LY	01453 823265
	Leonard Stanley C of E Primary School will maintain a happy, secure, Christian Environment where each member of the school feels valued and where each pupil acquires a high quality education.	
	Park Junior School Elm Road, Stonehouse, GL10 2NP	01453 823108 parkjunior.uk.org
	Gloucestershire College Gloucester Campus, Llanthony Road Gloucester, GL2 5JQ	0845 155 2020 gloscol.ac.uk
GP surgeries	The High Street Medical Practice 31 High Street, Stonehouse, GL10 2NG	01453 822047

Community Centre

Stonehouse Community Centre
Laburnum Road Stonehouse
Community Centre Walk,
Stonehouse,
GL10 2NS

01453 823241

Play Areas**Go Bananas**

01453769120

Unit 1-2 Ebley Wharf, Ebley, Stroud,
Gloucestershire GL5 4SR

Outdoor areas

Stratford Park,
Stratford Road
Stroud,
Gloucestershire
GL5 4AF

01453 763 394
museuminthepark.org.uk



The Museum is housed in a Grade II 17th century wool merchant's mansion.

Entrance is free but donations are welcome.

Whether you are visiting the District or have lived here for many years, you are sure to find something that interests, inspires or amazes you.

Wildfowl & Wetland Centre,
Slimbridge, Glos GL2 7BT

01453 891900
www.wwt.org.uk

Supermarket

The Midcounties Co-operative
26 High Street, Stonehouse
GL10 2NA

01453 827438

Place of Worship

St Cyrs C Of E Church, The
Vicarage, Elms Road, Stonehouse,
Gloucestershire, GL10 2NP

01453 822332

Pharmacy

The Stonehouse Pharmacy, 31
High Street, Stonehouse GL10 2NG

01453 823184

Leisure Centre	Dursley Leisure Centre, Rednock Drive, Gloucestershire GL11 4BX	01453 543 832
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Public House	The Globe Inn 42 High Street, Stonehouse, Glos GL10 2NG	01453 822 567
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News agents	The Co-operative 6-9 Elms Road, Stonehouse GL10 2NP	01453 823148
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Post Office	Stonehouse Post Office, Queen's Road, Stonehouse GL10 2NH	01453 822430
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Cash Points



For more cash points please visit the following; www.link.co.uk

11. Things to do

Woodchester Mansion

Woodchester Mansion is an architectural masterpiece of the Victorian age abandoned by its builders before it could be completed. It has been virtually untouched by time since the mid-1870s.

The Mansion is hidden in a secluded 400-acre landscape park, sheltering an abundance of wildlife and rare-breed grazing stock. Enchanting woodland walks snake around its five man-made lakes.

The Mansion and its park are reputed to be haunted and regular events are held throughout the year for those who want to hunt the ghosts.



01453 861541

www.woodchestermansion.org.uk

Opening

Hours:

1st April-end October: every Sunday and first Saturday of the month.
July and August: every weekend, and Bank Holidays.

Slimbridge

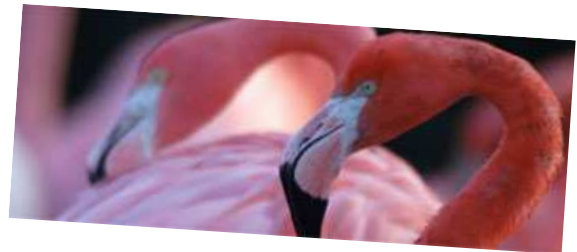
The birthplace of modern conservation, Slimbridge Wetland Centre is set within 325 hectares against a spectacular Severn Estuary backdrop. Land Rover rides and canoe safaris guarantee close encounters with a dazzling array of wetland life and there's lots for our young visitors to enjoy, including the welly boot land play area.



Slimbridge is home to an astounding array of wildlife including the world's largest collection of swans, geese, and ducks.

A year round programme of walks, arts, events, workshops, talks and spectacular wildlife encounters are a fantastic way for everyone to connect to their natural surroundings.

Slimbridge is the vision of naturalist and artist Sir Peter Scott and holds international significance as the headquarters of the Wildfowl and Wetlands Trust (WWT). It is here that the world renowned experts of WWT Consulting and Species Conservation are based.



Wildfowl & Wetlands Trust, Slimbridge, Gloucestershire GL2 7BT
01453 891900
www.wwt.org.uk

12. Responsible purchasing

Reduce the energy costs of running your white goods appliances

Apart from heating your home, the energy you use in your home is mostly used up by our appliances so a lot of attention is being paid to making them use less energy. Although this is good for reducing bills and the environment, there is a much simpler and cheaper way to reduce costs.

To reduce the energy costs of running appliances you should make sure that your buying electricity and gas from one of the cheaper suppliers. Most people can save a significant amount of money each year – even if they've already changed suppliers before.

These savings can be far greater than the savings you could make by replacing an appliance with one that uses less energy. We don't need to get obsessive about constantly transferring to the cheapest energy supplier but it does make sense to at least check we aren't paying way over the odds by keeping an eye on competitive tariffs.

organic food procurement/ food growing/ local produce

Stroud Farmers' Market

Stroud Farmers' Market is the busiest and most popular farmers market in the South West and also winner of the South West Farmers Market of the Year 2007.

Held weekly in and around Cornhill Market Place, from 9am to 2pm, there are over 40 stalls selling local produce.



Every Saturday, Cornhill Market Place, 9am - 2pm
Organised By: Made In Stroud

01453

758060

Email: info@madeinstroud.org

Global Organic Markets

Unit 5 Canal Iron Works/Hope Mill Lane
London
Brimscombe
Stroud
Gloucestershire
GL5 2SH

01453 884123

organic-supermarket.co.uk

13. Emergency information

In case of an emergency please dial **999**

13.0 Location of A&E and local minor injuries clinics

Accident and emergency

Gloucester Royal Hospital
Great Western Road
Gloucester
Gloucestershire
GL1 3NN

08454 222222

Minor Injuries Unit

Stroud General Hospital
Trinity Road,
Stroud,
Gloucestershire,
GL5 2HY

01453 562200

13.1 Location of police / fire station

Police**Stonehouse Police Station**

21 High Street,
Stonehouse
GL10 2NJ

0845 090 1234

Fire station**Stroud Community Fire & Rescue Service**

Paganhill Lane
Stroud
GL5 4JT

01452 753333

14. Links and references to further information

If you would like any further information on this HUG or require an alternative format of the guide please contact the following;

Markey Construction

Unit Q1
Quadrant Distribution Centre
Quadrant Way
Hardwicke
Gloucester
GL2 2RN

01452 886 155

info@[markeyconstruction.co.uk](mailto:info@markeyconstruction.co.uk)

Electronic versions can be found at the following address

www.markeyconstruction.co.uk

If you would like any further information on what has been covered in the guide please contact the following organisations

Two Rivers Housing

7/ 3 Vantage Point
Business Village
Mitcheldean
Gloucestershire
GL17 0DD

0800 316 0897

customerservices@2rh.org.uk

tworivershousing.org.uk

Stroud District Council

Ebley Mill Stroud
Gloucestershire
GL5 4UB

01453 766321

customer.services@stroud.gov.uk

www.stroud.gov.uk

Lydney Town Council

Council Chambers
Claremont House
High Street
Lydney
GL15 5DX

01594 842234

admin@stonehousetowncouncil.com

stonehousetowncouncil.com

Sustrans

www.sustrans.org.uk

Recycle now

www.recyclenow.com

Cashpoints

www.link.co.uk

Postoffice

www.postoffice.co.uk

Energy saving trust

www.energysavingtrust.org.uk

WRAP

www.wrap.org.uk

Wildfowl & wetland trust

www.wwt.org.uk

Stroud Tourist Information Centre

www.stroud.gov.uk

15. Appendices

Composting

Getting Started - Tips for top compost

- Position your composter on bare soil, not concrete or decking. It should be easy to get to all year round.

Have a caddy in the kitchen to get you into the composting habit!

- Get a good mix of '**greens**' (e.g. vegetable peelings) and '**browns**' (e.g. scrunched up cardboard). Try to add equal layers of **greens and browns**, this will help create air pockets for the microbes that break the material down to breathe, speeding up the rotting process.
- Composting works best if you add lots of materials at once. Chop chunky items into small pieces to speed up the process. Make sure that your compost is moist but not wet. Add water if it's too dry. Cover and add dry material if it is to wet.

Young nettles are an excellent natural accelerator!

- Keep adding a good mix of materials. After nine months your compost should be ready - dark in colour and have an earthy smell. When done you will have a rich compost to improve the soil on your plant or vegetable beds - and all for free!



Start composting now!

At least 30% of your household waste could be composted.

Things you **CAN** put in your compost bin are:

Greens

- ✓ Grass cuttings
- ✓ Tea bags
- ✓ Coffee grounds and filters
- ✓ Leaves
- ✓ Spent bedding plants
- ✓ Old flowers
- ✓ Nettles
- ✓ Vegetable peelings
- ✓ Pond algae and seaweed

Browns

- ✓ Egg shells
- ✓ Fallen leaves
- ✓ Feathers
- ✓ Egg boxes
- ✓ Cereal boxes
- ✓ Corrugated cardboard
(scrunched up in small amounts)
- ✓ Newspaper (scrunched up)
- ✓ Toilet tubes
- ✓ Shredded confidential documents
- ✓ Corn cobs and stalks
- ✓ String
- ✓ Rabbit & guinea pig bedding

DO NOT COMPOST

- | | |
|---|--------------------------|
| ✗ Meat or any material prepared with meat | ✗ Cheese |
| ✗ Plate scrapings | ✗ Coal ash |
| ✗ Fish | ✗ Dog poo and cat litter |

Washing machines, washer-dryers and dishwashers

Further information

Related programmes

How well does the product perform?

The 'A-G' indicators here are similar to the main energy efficiency ratings and are based on European standards (the test cycle used is on the label): 'A' is the best performance and 'G' the worst. Using models with 'A' ratings for both energy efficiency and performance, together with lower than average water consumption, will save you the most money – as well as being the best for the environment.

Conserve water

To help you choose a water efficient model, the table below shows roughly how much water typical appliances use.

Washing machine: 30-100 litres per wash programme (based on a wash load capacity of 5kg)

Washer-dryer: 60-200 litres per wash and drying programme (based on a wash load capacity of 5kg)

Dishwasher: 10-30 litres per wash (based on an 8-place setting)

Dishwasher: 10-50 litres per wash (based on a 12-place setting)

Noise

Manufacturers don't have to provide information on noise. If shown, the lower the number, the quieter the appliance.

Light bulbs

In addition to the standard 'A-G' scale for energy efficiency, information on the packaging must include luminous flux (light output) of the light bulb in lumens, the input power of the light bulb in watts and the average rated life of the light bulb in hours.

No labels?

Ask your retailer first - he must, by law, provide this information. Local authorities in England, Wales and Scotland are responsible for enforcing the regulations that cover energy labels and similar energy information in mail order catalogues etc. Enforcement in Northern Ireland is the responsibility of the Trading Standards Service of the Department of Enterprise, Trade and Investment.

You can obtain contact details for your local Trading Standards Department by visiting www.tradingstandards.gov.uk and entering your postcode.



Save Energy

To find out more ways to save money on your energy bills and choose efficient appliances, visit

www.est.org.uk/myhome or call your local Energy Efficiency Advice Centre on 0800 512012 between 9am and 5pm Mondays-Fridays.

Market Transformation Programme

Energy labelling is supported via Defra's Market Transformation Programme. To find out more about this Programme, visit www.mtprog.com or call the Programme's helpline on 0845 600 8951.

Market Transformation Programme

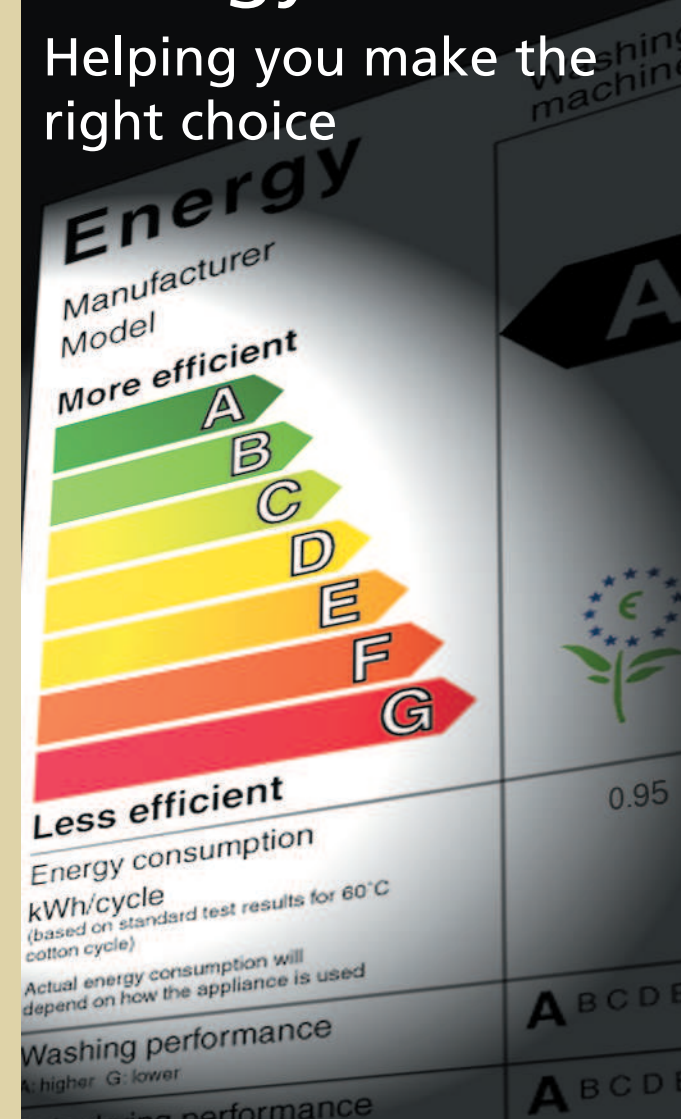
For further copies of this leaflet contact: DEFRA Publications, Admail 6000, London SW1A 2XX
Tel: 08459 556000

Printed on recycled paper containing 80% post consumer waste and 20% totally chlorine free pulp.
97EP0318/001A-EL PB7971

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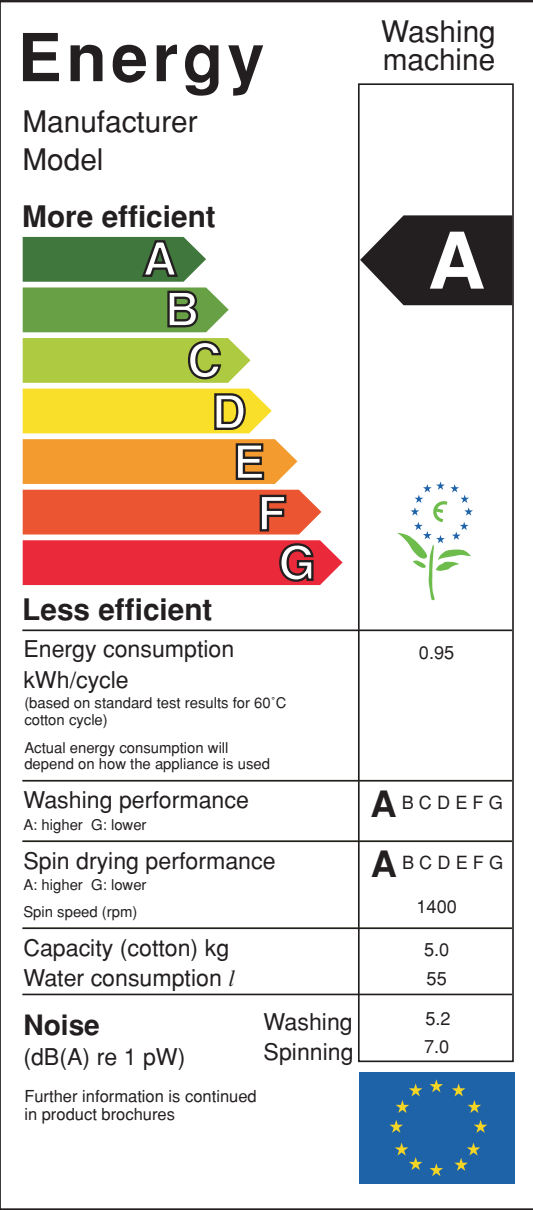
Energy Labels

Helping you make the right choice



About Defra
www.defra.gov.uk





By law, the European Community Energy Label must be displayed on all new household products of the following types displayed for sale, hire or hire-purchase:

- Refrigerators, freezers and fridge-freezer combinations
- Washing machines
- Electric tumble dryers
- Combined washer-dryers
- Dishwashers
- Lamps
- Electric ovens
- Air conditioners

Mail Order catalogues, Internet advertisements and manufacturers' literature must contain similar information. You should expect to be provided with this information wherever you buy or hire these products.

Product details

How to Use the Energy Label To Choose More Efficient Products and Save you Money

What you get for your money – Energy Efficiency

The more efficient the product, the less energy it needs and the more you get for your money. 'A' rated products are the most efficient and 'G' rated products the least efficient. The most efficient fridges and freezers can now be identified by new 'A+' and 'A++' markings on the large black arrow appearing against the green 'A' arrow.

How much will it cost to run – Energy Consumption

This tells you how much electricity the product uses, in kilowatt hours (kWh)*. Use the kWh figure to see how much electricity and money you might save if you chose a different model. Using less electricity is better for the environment and for your pocket.

** When you buy electricity, your supplier charges you for how many kWh or 'units' of electricity you use. A one bar electric fire uses 1kWh in one hour. A 100watt electric light bulb uses 1kWh in 10 hours' use (an energy-saving light bulb would go on for 40 hours on 1kWh of electricity!).*

Product details

Actual savings will, of course, depend on how you use the product and how much you pay for your electricity. You can also save money by running washing machines, washer-dryers and dishwashers only when you have a full load, using economy and low temperature settings, and spin-drying clothes well before you tumble dry; by ensuring that fridges and freezers are installed away from cookers and other sources of heat in accordance with the manufacturer's advice; and by switching off lights when not needed.

Manufacturer's name and product details

This confirms the manufacturer's name and model number - check that this is the same as the model you actually choose to buy.

The European Ecolabel

Some products are awarded the European Ecolabel which may appear on the label or elsewhere. The Ecolabel indicates that the product has been independently assessed and found to meet strict environmental criteria (considering more than just energy consumption), putting it among the best in its class.

